

## **KLAC CODE OF CONDUCT**

The majority of the swimming experience happens in the pool, involving only swimmers and coaches. Because of this we cannot ask parents to maintain a constant watch to ensure proper behaviour from their children. As an organization with abiding responsibilities for the growth, development, safety and competitive success of dozens of young athletes, the Kirkland Lake Aquatic Club has adopted the Swim Ontario and Swim Canada Codes of Conduct. Our Code of Conduct applies to everyone associated with the club including swimmers, coaches, officials and volunteers. The Kirkland Lake Aquatic Club strives to ensure a safe environment for its members and endeavours to foster healthy relationships amongst its swimmers. For these reasons, the Club has adopted a zero tolerance policy.

The rules of the Kirkland Lake Aquatic Club are in effect at all functions, training sessions and meets where swimmers are acting as representatives of the Club and their community. As a member of the Kirkland Lake Aquatic Club, your behaviour directly affects people's attitudes towards the sport of swimming and it is with this in mind that the club asks you to adhere to these rules.

### **EXPECTATIONS**

- Courtesy, good sportsmanship, co-operation with coaches and respect for the rules they set out for meets, trips and training sessions
- Respect for the needs and sensitivities of teammates and competitors
- Respect for public and private property, including pool decks, change rooms, and on trips; buses or other vehicles of transportation, hotel rooms, lobbies and other facilities
- Assist in promoting the Kirkland Lake Aquatic Club by actively participating in our swim meets and fundraising efforts
- Respect to the coaches in the present, during practices.
- Swimmers give best effort during practice time.
- Complete attention while coaching staff is talking and no words of belittlement of coaches or other swimmers.
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### **PROHIBITIONS**

- No drinking or transporting of alcoholic beverages
- No smoking or chewing tobacco
- No illegal drugs (which if found, could be turned over to the appropriate authorities)
- No sexual harassment or other discriminatory behaviour
- No sexual fraternization on trips
- No entertaining of outside guests in hotel rooms, swimmers on chaperoned meets will not be left unattended by a chaperone in hotel rooms with teammates of the opposite gender
- No bullying or disrespecting of the club, coaches or other swimmers through social media
- Touching others or other belongings

### **RESPONSIBILITIES OF THE PARENT**

- Ensure children get to practices and meets on time and in the case of practices ensure children leave facilities promptly
- Communicate openly with the coaches and the Board of Directors as the need arises. Coaching sessions should not be disrupted. Any concern should be addressed in writing to the Board.

- Ensure that children have proper equipment
- Most important, supply swimmers with emotional support

#### **RESPONSIBILITIES OF THE SWIMMER**

- Attend practices as required and inform their coach in advance if they plan to be absent.
- Be on time for practices and meets
- Acquire and use the proper swim attire/equipment including official KLAC cap for swim meets
- Help set up and take down all training equipment (lane ropes, kick boards, flags, etc.)
- Leave the pool facility promptly at the end of each practice
- Ensure that all KLAC communications are delivered to parents
- Respect curfews, as determined by coaching staff, the night before a swim meet or while on chaperoned meets (cell phones and computers should be put away at this time).

#### **DISCIPLINE**

There will be one warning per practice, second warning will not be tolerated. The swimmer will be ask to sit out and will be send home with a notification to the parent.

While some behaviour is much more unacceptable than others, any breach of a rule may result in some form of disciplinary action up to and including a temporary suspension, or dismissal from the Club. Occasionally a coach must discipline a swimmer. Depending on the nature of the problem, the coach may speak privately to the individual or the parents. A swimmer may be asked to leave the pool and remain on deck for the duration of the practice (for safety reasons) or miss a practice or an upcoming meet. If an issue is not resolved by the coach to the satisfaction of all individuals involved, the issue may be referred to the next level of authority. The Board of Directors has the right to review and make decisions with respect to the family if the Code of Conduct is breached. Infrequently, a swimmer or swim family (parent and swimmer) may be asked to leave the Club.

As the swimmer listed below, I have read the KLAC Code of Conduct and agree to abide by the Code of Conduct at all training sessions, meets and functions where I represent KLAC.

**SIGNATURE OF SWIMMER(S):**

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As the parent/legal guardian of the swimmer listed above, I have read the KLAC Code of Conduct and understand the Code as it applies to my swimmer. I have received a copy of the Registrant letter and completed the Personal Information Protection & Electronic Documents Act document for each registrant.

**SIGNATURE OF PARENT/LEGAL GUARDIAN:**

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**DATE:**

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